

## Is hospice right for me or my loved one?

Hospice helps families make the most of the time they have — whether that time is short or extends well beyond six months. Each person's journey is unique, and hospice is there to provide comfort, support, and dignity every step of the way.

Contact the MaineHealth CHANS hospice team at 207-729-6782 to schedule a meeting and find out if hospice is right for you or your loved one.

### Hospice services include:

- Pain management
- Spiritual support and guidance
- Counseling and emotional support
- Personal care and homemaking services
- Disease-specific education
- Physical, occupational, and speech therapy
- Respite care for caregivers
- Bereavement support following the loss of a loved one

### Hospice benefits

- Enhanced comfort and quality of life
- Confidence to safely remain at home
- Peace of mind with 24/7 on-call support
- Guidance with planning and preparing for the final days
- Medical equipment and medications delivered to your doorstep

### Backed by MaineHealth

With more than 27,000 care team members, MaineHealth connects patients to the region's best and brightest healthcare professionals. We're on a mission to build the *healthiest communities in America* through high-quality, affordable care for all.

*MaineHealth CHANS Home Health & Hospice is a fully licensed 501© (3) not-for-profit organization.*



## Hospice Care

### MaineHealth CHANS Home Health & Hospice

At MaineHealth CHANS Home Health & Hospice, we believe in helping you **live life to the fullest**. Our hospice team works with you and your family to develop a plan that empowers you to embrace every moment, celebrate life, and create lasting memories in the place you call home.



## Hospice care you can rely on

Our dedicated team brings unmatched expertise and advanced resources to every home health visit:

75+ years in service



Nearly 500 patients supported in 2024



5-star rating



501©(3) nonprofit



My family is profoundly grateful for the care my late husband received from the MaineHealth team, both at home and at the Sussman House. My husband's care at the Sussman House meant that our family could focus on him — talking, listening to music, sharing our love — rather than managing his symptoms. The staff gave us an unforgettable gift as we shared the last days of my husband's life.

— Jane, caregiver

## We're in this together

- **Personalized approach** — Work with our multidisciplinary team of physicians, nurses, chaplains, social workers, therapists, and volunteers to develop a care plan that works for you.
- **24/hour assistance** — Gain peace of mind with on-call support available 24 hours a day, seven days a week.
- **Continuity of care** — With access to your MaineHealth records — and, when enabled, your non-MaineHealth records — our team ensures a seamless and informed transition to hospice care.



## Quality care, wherever you call home

### In-home hospice

Our hospice team provides expert in-home hospice care to individuals living within the Midcoast region. For a complete list of the towns we serve, scan the QR code.



### Inpatient hospice

Inpatient hospice services are available at the MaineHealth Sussman House located in Rockland, Maine.

### Access hospice services

Please contact us at 207-729-6782 or reach out to a member of your care team if you'd like to learn more about MaineHealth's hospice services. For more information, scan the QR code or visit us online at: [www.mainehealth.org/chans](http://www.mainehealth.org/chans)

